

SOCIAL MEDIA



CONTRACT



1

▶ SETTING UP

- I will ask my parents' permission before joining any social media network.
- I will allow my parents to set my privacy and parental control settings on all of my accounts.
- I will give my parents my passwords to all of my social media networks and no one else.

▶ SHARING

- I will not post or share: my full name, age, address, school, interests or other personal information without my parents' permission.
- I will not post or share photos of myself without my parents' permission.
- I will not post or share photos of my family or friends without their permission.
- I will not post or share offensive or inappropriate images, language, video or other content.

▶ CONDUCT

- I will not meet anyone in person who I have met through social media.
- I will not engage in online bullying, including making unkind comments.
- I will let my parents know if I am the victim of online bullying.
- I will meet academic standards set by my parents or risk losing social media privileges.
- I understand that posting certain types of photos or information on social media sites is punishable by law.
- I will put my phone away during family time.
- I will follow my parents' rules regarding time limits for online use.
- I will be off my social media by ____ p.m. during the week and ____ p.m. on the weekend.

2

▶ CONSEQUENCES

I understand that I risk the following consequences for violating any of the above:

- _____
- _____
- _____

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▶ SIGNATURE

I, _____, agree to the above conditions for using social media. I also understand that my parents are setting these conditions because they love me and want me to be safe.

Child: _____ Date: _____